

Zeitplan Siegburger Pfingstsportfest Samstag

	W14	W15	M14	M15	WJU18	WJU20	W	MJU18	MJU20	M
10:00	Diskus Discus 80mH	Diskus Discus 80mH						Weit 1 Long Jump	Weit 2 Long Jump	Weit 2 Long Jump
10:10		80mH								
10:20			80mH	80mH						
10:30										
10:40					100mH					
10:50						100mH	100mH			
11:00										
11:10					Hoch High Jump	Hoch High Jump	Hoch High Jump	110mH		
11:20									110mH	110mH
11:30					Diskus Discus	Diskus Discus	Diskus Discus			
11:40	100m									
11:50		100m								
12:00			100m							
12:10				100m						
12:20	Weit 1 Long Jump	Weit 2 Long Jump			100m					
12:30						100m	100m			
12:40								100m		
12:50									100m	100m
13:00										
13:10										
13:20			Diskus Discus	Diskus Discus				Diskus Discus	Diskus Discus	Diskus Discus
13:30										
13:40								Hoch High Jump	Hoch High Jump	Hoch High Jump
13:50					200m					
14:00						200m	200m			
14:10								200m		
14:20			Weit 1 Long Jump	Weit 2 Long Jump					200m	200m
14:30										
14:40										
14:50		300m		300m						
15:00			Hoch High Jump	Hoch High Jump	Kugel Shot Put	Kugel Shot Put	Kugel Shot Put			
15:10										
15:20					400m	400m	400m			
15:30					Weit 2 Long Jump	Weit 1 Long Jump	Weit 1 Long Jump	400m		
15:40									400m	400m
15:50	800m	800m								
16:00			800m	800m						
16:10					800m*	800m*	800m*			
16:20								800m*	800m*	800m*
16:30										
16:40	Hoch High Jump	Hoch High Jump								
16:50	Kugel Shot Put	Kugel Shot Put								
17:00		Drei Triple Jump		Drei Triple Jump	Drei Triple Jump	Drei Triple Jump	Drei Triple Jump	Drei Triple Jump	Drei Triple Jump	Drei Triple Jump
17:10	1500mH	1500mH								
17:20			1500mH	1500mH						
17:30					2000mH	2000mH				
17:40							3000mH			
17:50										
18:00										3000mH
18:10										
18:20			Kugel Shot Put	Kugel Shot Put				Kugel Shot Put	Kugel Shot Put	Kugel Shot Put
18:30								2000mH		
18:40										
18:50					3000m*	3000m*	3000m*			
19:00										
19:10								3000m*	3000m*	3000m*
19:20										
19:30										

*800m und 3000m werden nach Zeiten, altersklassenübergreifend gesetzt. Der schnellste Lauf beginnt!